

PE Curriculum Map

Year Group	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
7 - Boys	Rugby & Cross country	Basketball & Circuit training	Football & Gymnastics	Football & OAA	Cricket & Athletics	Tennis & Badminton
7 – Girls	Hockey & Cross country	Rugby & Circuit training	Netball & Gymnastics	Netball & OAA	Athletics & Rounders	Tennis & Badminton
8 - Boys	Rugby & Cross country	Basketball & Circuit training	Football & Gymnastics	Football & OAA	Athletics & Cricket	Tennis & Badminton
8 - Girls	Hockey & Cross country	Rugby & Circuit training	Netball & Gymnastics	Netball & OAA	Athletics & Tennis	Badminton & Rounders
9 - Boys	Rugby & Cross country	Basketball & Circuit training	Football & Trampolining	Badminton & Football	Athletics & Cricket	Methods of training & Tennis
9 - Girls	Hockey & Cross country	Football & CrossFit	Netball & Trampolining	Badminton & Handball	Athletics & Tennis	Methods of training & Rounders
10 - Boys	Basketball & Table tennis	Football & Volleyball	Dodgeball & Basketball	Football & Badminton	Athletics & Tennis	Ultimate disk & Soft ball
10 - Girls	Volley Ball & Fitness	CrossFit & Table tennis	Netball & Fitness	Badminton & Handball	Rounders & Athletics	Ultimate disk & Soft ball
11- Boys	Basketball & Table tennis	Football & Volleyball	Dodgeball & Basketball	Football & Badminton	Revision GCSE Exams	
11- Girls	Volleyball & Fitness	CrossFit & Table tennis	Netball & Fitness	Badminton & Handball	Revision GCSE Exams	
12 + 13 A Level	Study the following throughout the 2 years: Biomechanics Anatomy and Physiology Exercise Physiology Contemporary studies Skill Acquisition Psychology					

12 BTEC	Unit 1 – Anatomy and Physiology	Unit 1 – Anatomy and Physiology	Unit 1 – Anatomy and Physiology	Unit 7 – Practical sports performance	Unit 7 – Practical sports performance	Unit 7 – Practical sports performance
13 BTEC	Unit 2 – Fitness Training and Programming	Unit 2 – Fitness Training and Programming	Unit 3 – Professional Development in the Sports Industry	Unit 3 – Professional Development in the Sports Industry		