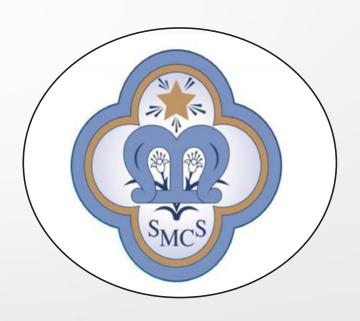
St. Mary's Year 9 Information Evening



#### PRESENTATION CONTENT

- Welcome, Introduction & St. Mary's Journey
- School Habits for success at St. Mary's
- Study & Learning Habits that promote achievement
- Promoting positive Student Wellbeing & Mental health
- Using Technology & Social Media safely and effectively
- A brief informal chat with your child's Form tutor



#### Welcome – Mr Wright and Miss Hayles





Learning Co-ordinator - Key responsibilities:

- Oversight & Monitor the behaviour of learners in Year 9
- Initiate interventions to support behaviour, attendance or pastoral need
- Liaise with SENDCO, pastoral support, wellbeing team and safeguarding leads when required
- Oversight of academic progress review
- Oversight and Lead on Praise and achievement

Please feel free to contact me regarding any pastoral concerns via <a href="mailto:info@stmarys.net">info@stmarys.net</a>
'FAO Mr Wright/Miss HaylesLCO Yr 9'

If you have any academic related concerns please use the same channel <a href="mailto:info@stmarys.net">info@stmarys.net</a>
'FAO Teachers name/ Head of SUBJECT department

#### The Year 9 Tutor Team



9A Dr J Campbell



10B Mr T Juliff



10J Mrs P Diamond



10K Mrs J Lewer, Mrs C Johnson



Miss R Rose



10M

10T Miss M Keane, Mr T Webb



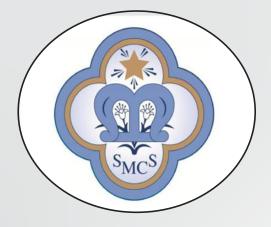


- First Point of contact & register in the morning
- An advocate for your son/daughter
- Help to celebrate achievement through AP assemblies & St. Mary's award
- Lead AP reviews with learners during form time
- Help to support & improve behaviour and attendance utilising a range of interventions

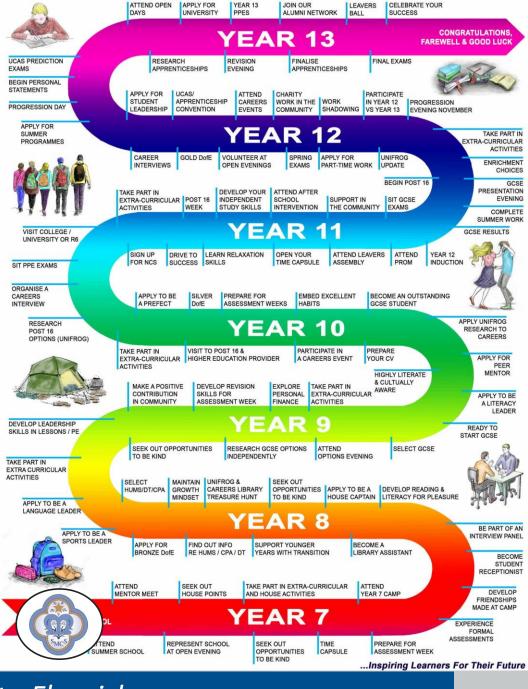
Please feel free to contact tutors as first point of call for attendance/ behaviour concerns via

info@stmarys.net

'FAO FORM TUTOR NAME'

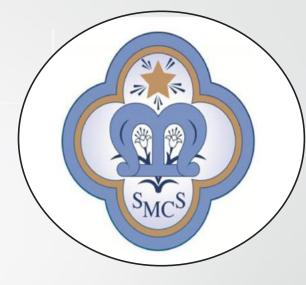


# The St. Mary's Journey





#### Year 9 - Further Education or Work



Yr 9





Further Education/ Work

## School Habits for success at St Mary's School



- Attendance at School
- Appropriate Behaviour
- Engagement & Preparation
- Uniform Expectations
- Extra Curricular opportunities
- Reports & AP data

## Attendance & Punctuality



## Our expectation is attendance should be above 95% Why?

- Poor attendance means underachievement / lower grades in Exams.
- Preparing for "Job/Work" you are expected to be on time and attend work

## Help for Parents





Free workshops available for parents who either live in Hertfordshire or whose children go to school in Hertfordshire. The workshops help parents with issues such as: Anxiety and stress; responding to anger; teenage years; school avoidance; tech use; coping with change.



School Nursing Team Herts can deal with a variety of issues including anxiety and anger issues as well as a number of other healthcare issues.



This November, youth mental health charity stem4 is focusing on supporting the mental health of boys and young men. An online webinar is available on Thursday 24 November at 7:30, focussing on Building Self-Esteem and Positive Body Image in Boys and Young Men

## **Behaviour Expectations**



- Be on time for lessons
- Have the equipment for that lesson, notes, homework – Please check
- Complete homework and submit it on time
- Actively engage get involved in your lessons
- Low level disruption will lead to minus HP

## **Uniform Expectations - Policy**



- Haircuts appropriate
- Jewellery A cross, one pair of studded ear rings
- No make up of any type
- Skirt length at the knee or below
- Black school shoes only

#### Extra-curricular Clubs

- SMCS SMCS
- Attend a club regularly Don't be "Flaky"
- Try something new
- It goes towards achieving St Mary's award
- Utilise your talents, don't hide them
- Community Service
- Helps promote positive wellbeing

#### **AP Reports**





#### ST MARY'S CATHOLIC SCHOOL

Assessment Report for:

			Autı	ımn AP1	Autui	mn AP2			Sprin	g AP3			Summ	er AP4
Subject	Staff	Target	A2L	CWG	A2L	CWG	A2	L.	A4C	A4D	CV	VG	A2L	CWG
RE														
English														
Maths														
Science														
Art				<b>(</b>	V A									
D&T														
Drama														
Geography														
History														
ICT														
Music														
PE														
Spanish														
A2L = Attitude to Learn	ing (see			Number of	F	D = = i+i: . = 11			N+					
below)		Attendance:	%	Lates:	0	Positive H		+ 10		/e House	- 1	Read	ling Age	11.02
CWG = Current Working	g Grade			(Registration	n)	Points	:		l Po	oints				

A2L = -2	A2L = -1	A2L = 0	A2L = +1	A2L = +2
The student's behaviour has a large	They are regularly off task, break the	The student is focused the majority of the	The student's behaviour is very good the	The student's behaviour is excellent; they
negative effect on other's learning.	classroom rules or disrupts the learning	time, and does not distract others	vast majority of time.	have a positive effect on others.
They are regularly spoken to & have issues	Class work is regularly below the expected	<ul> <li>They are rarely spoken to in regards to</li> </ul>	Class work is finished to a level above	They are always focused; class work
working with staff or their peers.	standard, or not fully completed.	behaviour and issues are not repeated	what is expected from the individual.	exceeds expectations for that individual
<ul> <li>Work is finished to a level far below their</li> </ul>	<ul> <li>They don't regularly participate in lessons,</li> </ul>	<ul> <li>Class work is normally finished to the</li> </ul>	They occasionally participate in lessons &	They regularly participate in lessons & are
capability & no effort is make to improve.	& don't take ownership of their learning	expected standard, & completed on time	are sometimes proactive in their learning.	proactive in improving their performance.
Homework is regularly not handed in and	Homework isn't always handed in on time	Some homework has been missed or not	Homework is nearly always completed	Homework is always handed in on time, &
often shows a lack of effort or is rushed.	and occasionally shows a lack of effort.	up the expected standard	on time and to a good standard	consistently exceeds expectations

### **AP Report**

KEY STAGE 3 (Summer 2022 Version)

Use these columns to mark down the subjects which have been identified for each A4C a

(	Contributions to Community	(C2C)	
0	Regularly collects <b>house points</b> for actions outside of the classroom		
1	Has contributed to the <b>spiritual life</b> of the school (e.g. leading prayer, or doing a reading)		
2	Is attending extra-curricular activities their school experiences	es to enrich	
3	Has <b>helped out</b> the school at an after event (such as Open Evening)		
4	Always has correct <b>uniform</b> and the represents the school well to people school	$\sim$	n
5	Regularly demonstrates <b>good mann</b> holding doors open, saying 'please' you'		
6	Often <b>volunteers</b> to help complete tasks, such as taking messages, handing out letters, etc.		
7	Has recently <b>represented the school</b> either at a fixture, competition or performance (e.g. concert)		
8	Has <b>helped with</b> showing round <b>visi</b> being involved in student interview		
9	Has been observed <b>actively helping</b> students in form time or around sch		

I	Areas for Celebration (A4C)	Subjects?
Α	If they maintain the high <b>quality of work</b> they are producing they will make sustained progress	
В	They consistently make <b>positive contributions</b> in class, which help demonstrate progress made	
С	The <b>presentation</b> of the work they produce in class shows a level of care and pride in their work	

Aı	reas for Development (A4D)	Subjects		
N	N Absence is slowing down their progress as they gaps in their knowledge or work missing			
Р	Active participation could be developed by more regularly asking or answering questions in class			
They have difficulty with homework; either not handing in on time, or not to the expected standard				
	work			

If you have any academic related concerns please use <a href="mailto:info@stmarys.net">info@stmarys.net</a>
'FAO Subject Teachers name'

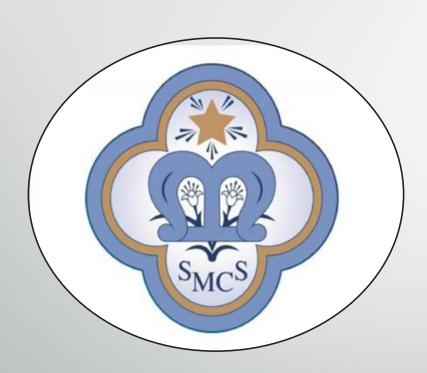
	within a pair or sinan Broap	
	They have been able to make links	
G	between different subject areas,	
	which shows good understanding	
	They have shown enthusiasm for the	
Н	subject which is reflected in their	
	work and behaviour	
	They have consistently been ready	
J	for learning by bringing correct	
	equipment, & doing homework	
	Regrettably it has been difficult to	
K	identify a clear area of celebration for	
	this student in this subject	

	чізгаріз отнег этачента.			
	They sometimes demonstrate a lack			
U of maturity which prevents them				
	from accessing lessons fully			
	Lack of Organisation is sometimes			
V	having a negative effect on their			
	learning (e.g. equipment/homework)			
	Improving their <b>punctuality</b> would			
W	mean the student does not miss out			
	on vital learning & instructions			
	Looking for opportunities for stretch			
Х	& challenge could help the student to			
	make more progress			

ss (e.g.

due to also

#### Study & Learning Habits that promote achievement



### Monitoring Homework through SIMS



#### Homework at St. Mary's Catholic School



#### am a student

Check SIMS Student App daily for homework notifications.



Check MSTeams for resources and assignments when teachers notify you in the SIMS student APP



#### I am a parent

Daily notification on SIMs Parent App.



Weekly digest of assignments via MSTeams email.



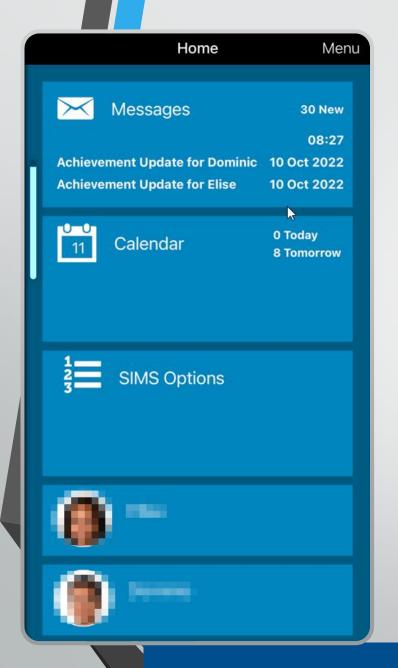
#### I am a teacher

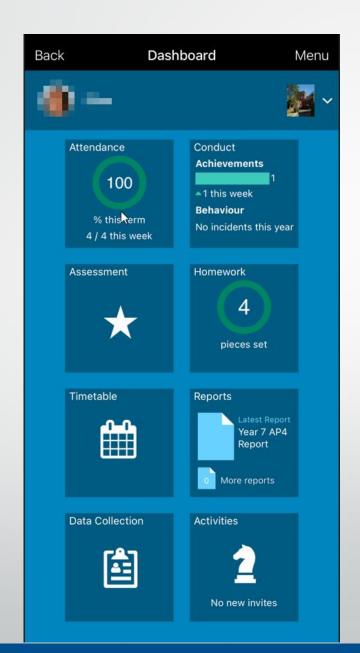
Write a summary in SIMs to set homework. This notifies parents and students.

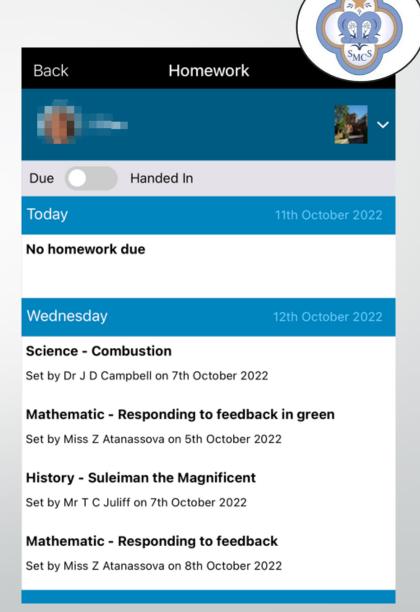


Use **MSTeams** to share resources and set assignments.

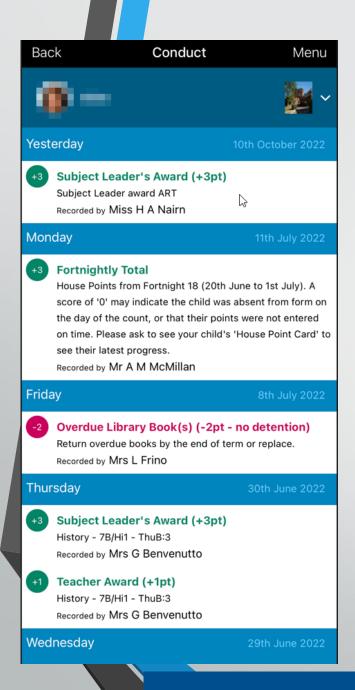








Love – Respect - Flourish



0	-				~
w/c 10th	October	2022			
	Mon	Tue	Wed	Thu	Fri
АМ	~	~	-	-	-
1	~	-	-	-	-
2	~	~	-	-	-
3	~	~	-	_	-
4	~	~	-	-	-
5	~	~	_	_	_
РМ	~	~	-	-	-
w/c 3rd	October 2	2022			
	Mon	Tue	Wed	Thu	Fri
AM	~	~	~	~	~

Back	Timetable	Menu
0-		~
Today		11th October 2022
Design & Technolog	ЭУ	09:00 10:00
<b>English</b> B6   Miss R E Rose		10:05 11:20
ICT E1   Mr F Ssemwanga		11:25 12:25
<b>Mathematic</b> T02   Miss Z Atanassov	a	12:30 14:05
<b>English</b> B6   Miss R E Rose		14:10 15:15
Tomorrow		12th October 2022
<b>Religious Education</b> K7   Mrs D G Guidera	1	09:00 10:00
<b>History</b> T21   Mr S Hadley		10:05 11:20
Science H3   Dr J D Campbell		11:25 12:25
Physical Education PE - Outdoors 5   Mrs (		12:30 14:05
Drama		14:10



### Study Habits at St. Mary's



## Are you prepared for lessons?

- Books, Equipment, Homework
- Actively Engage within lessons
- Growth Mindset It's OK to make mistakes
   it's called learning!
- Ask for help sooner rather than later



#### Study Habits at Home



Exams/Test are coming....

- How do you prepare for tests?
- What barriers are there for you to succeed?
- Are you being Smart with your time?
- What can science tell us?

## High Tariff / Most effective Revision

#### Table 1: Effectiveness of ten learning techniques, from Dunlosky et al (2013) 39

1
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Practice testing	Self-testing or taking practice tests on material to be learned.
Distributed ('spaced') practice	Implementing a schedule of practice that spreads out activities over time.
Elaborative interrogation	Generating an explanation for why an explicitly stated fact or concept is true.
Self-explanation	Explaining how new information is related to known information, or explaining steps taken during problem solving.
Interleaved practice	Implementing a schedule of practice that mixes different kinds of problems, or a schedule of study that mixes different kinds of material, within a single study session.

ate utility

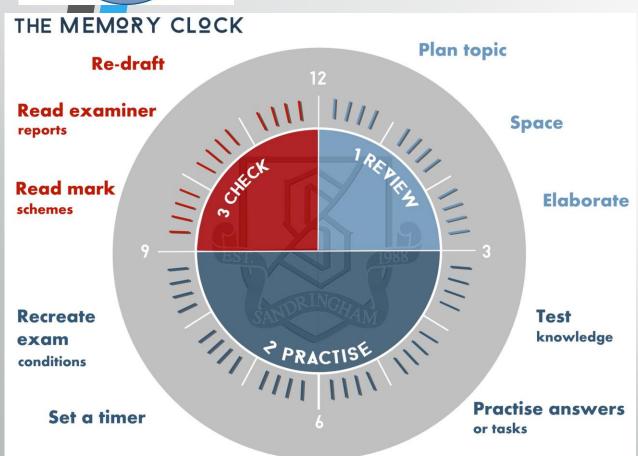
## Low Tariff / Less effective Revision

Highlighting	Marking potentially important portions of to-be-learned materials while reading.
Keyword mnemonic	Using keywords and mental imagery to associate verbal materials.
Imagery use for text learning	Attempting to form mental images of text materials while reading or listening.
Rereading	Restudying text material again after an initial reading.



#### Memory Clock





Stage  $1 - Review - \frac{1}{4} Time - 15 Mins$ 

Use Flashcards, Brain Dump, Mindmaps

Stage 2 – Practice –  $\frac{1}{2}$  Time – 30 Mins

Test yourself/ Friends – Exam Questions – "No notes" under time pressure

Stage 3 – Check / Reflect –  $\frac{1}{4}$  Time – 15 Mins

Self Mark using mark scheme, Correct mistakes in green, Highlight topics still to be understood, redraft your answer



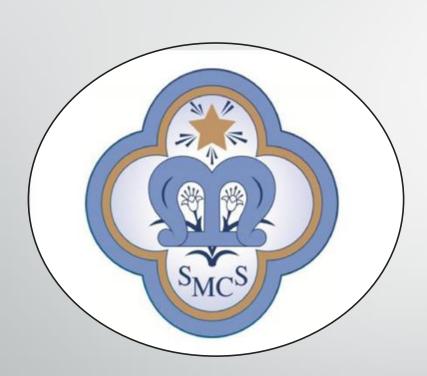
#### What to do Now?



#### Reflect on your own practice

- What are your barriers to success? Time / Phone / Social media / understanding the content
- How will you overcome these barriers?
- Are you using your time to revise smartly?
- Start making Flashcards for topic tests

# Promoting positive Student Wellbeing & Mental Health



## Wellbeing and a Healthy Active Lifestyle

- Do you eat healthy and nutritious food for Breakfast, Lunch and Dinner?
- Do you drink enough water?
- Are you getting at least 8 10 hours of sleep?
- Are you able to take a break from technology?
- Do you have supportive friendships?
- Do you have opportunities to do regular exercise?
- Do you have a hobby/interest that you pursue?
- Are you attending Church and praying regularly?







## How can we make social media and being online a positive experience for all?













#### Technology at Home

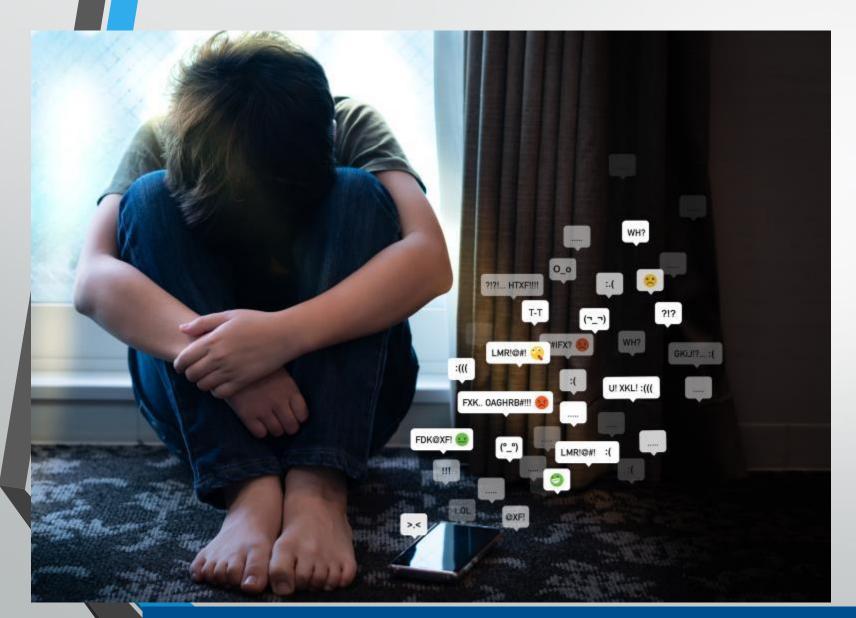


#### Be Honest and Ask yourself?

- What rules do you have around technology?
- How many devices does your child have access to?
- Do you use "Downtime" to help support your child?
- Do they have access to social media? If so, what?
- Do you talk with your child about technology? Social media?
- Can your child access technology at anytime?
- Can they message friends when you are asleep in bed?
- Does your child spend more time on the phone than with you?
- Are you worried about what they are doing online?
- Do you regularly check phone messages?

#### Social Media and Advice to Parents

- 1. Communicate with your children about their online behaviour.
- 2. Support your child in ensuring that they only add contacts that they also know and trust off-line.
- 3. Underline the importance of not publishing or forwarding images and videos which jeopardise their safety or integrity.
- 4. Emphasise the importance of thinking before they post something online.
- 5. Limit the time your children spends online



Feeling unsafe online? Are you a victim of cyberbullying?

Contact the following members of staff:

- Form tutor
- Learning Coordinator
- Mrs Tatman
- Use the Sharp System
- Talk to friends
- Talk to parents

### Where can I go for help in school?



- Your Form tutor
- Your Learning coordinator
- An adult in school you trust
- Any of the Mental Health First Aiders below:

Mrs Hutchin

Mrs McGorrell

Mrs Morgan-Wren

**Mr Adams** 

We can guide you to additional sources for support if necessary, including individual or small group mentoring.

## The most important thing to do is talk.

### Five ways to positive Well being





St. Mary's Year 9 Information Evening



#### The Year 9 Tutor Team



9A Dr J Campbell



10B Mr T Juliff



10J Mrs P Diamond



10K Mrs J Lewer, Mrs C Johnson



10M Miss R Rose



10T Miss M Keane, Mr T Webb





Please feel free to contact tutors as first point of call for attendance/ behaviour concerns via <a href="mailto:info@stmarys.net">info@stmarys.net</a>

'FAO FORM TUTOR NAME'