

## PSHEE CURRICULUM MAP: 2024 – 25

	<b>Health and Wellbeing (faith, courage, reconciliation)</b>	<b>Relationships (love and truth)</b>	<b>Living in the Wider World (Justice, hope and peace)</b>
<b>Year 7</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• Who am I?</li> <li>• Who are we – SMCS community – values and ethos - Belonging and community: addressing discrimination and extremism</li> <li>• Every Mind Matters – Emotions and Unhelpful thoughts</li> <li>• Conflict and Forgiveness</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• A fair and equal opportunity to be healthy</li> <li>• My life on Screen</li> <li>• Physical and Mental Wellbeing</li> </ul>	<p><u>Relationships and Sex Education:</u></p> <ul style="list-style-type: none"> <li>• Changing bodies</li> <li>• Healthy Inside and Outside</li> <li>• Where have we come from?</li> <li>• Family and Friends</li> </ul> <p>— Cinema – In – Education            Session 1: Facts of Life            Session 2: Seeking and Offering Support            Session 3: Looking in the Mirror</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Friendship and Empathy</li> <li>• Bullying and Bystanders</li> <li>• How to be a successful learner - Academic Skills</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• What is Democracy? Promoting student voice</li> <li>• Celebrating – Culture and diversity: Food</li> <li>• Catholic Social Teaching – Creation and Environment – Green Careers</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Living responsibly</li> <li>• Goal Setting and Personal Development</li> <li>• What is Diversity?</li> </ul>
<b>Year 8</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• Mental Health and Emotional Wellbeing</li> <li>• Created and Chosen</li> <li>• Bias and Stereotypes</li> <li>• Discrimination and Protected Characteristics</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• Think Before You Share</li> <li>• Appreciating Differences</li> <li>• Sleep</li> <li>• Growth Mindset</li> </ul>	<p><u>Relationships and Sex Education:</u></p> <ul style="list-style-type: none"> <li>• Feelings</li> <li>• Before I was Born</li> <li>• Tough Relationships</li> </ul> <p>— Cinema – In – Education            Session 1: The Trouble with Max            Session 2: Trust the Truth – Part One            Session 3: Trust the Truth – Part Two</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Conflict at Home</li> <li>• Bereavement</li> <li>• Friendship challenges</li> <li>• Discussing and Debating effectively</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• Voting – Democracy</li> <li>• Culture and Diversity: Xenophobia and Extreme Nationalism</li> <li>• Catholic Social Teaching – Dignity</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Communicating – Pressure and Influence</li> <li>• Wider World</li> <li>• Developing your Leadership Skills</li> </ul>

	<b>Health and Wellbeing (faith, courage, reconciliation)</b>	<b>Relationships (love and truth)</b>	<b>Living in the Wider World (Justice, hope and peace)</b>
<b>Year 9</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• The Search for Love</li> <li>• In Control of My Choices</li> <li>• Healthy Lifestyles: Exercising for Physical and Mental wellbeing</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• One Hundred Percent</li> <li>• Alcohol</li> <li>• Online Stress and FOMO</li> <li>• Vaping</li> <li>• Understanding Fraud</li> <li>• Identity Fraud and Data Protection</li> <li>• Staying Safe on the Roads</li> <li>• Gangs: Managing Risks and Staying Safe – How might it start</li> </ul>	<p><u>Relationships and Sex Education:</u></p> <ul style="list-style-type: none"> <li>• Love People, Use Things</li> <li>• Fertility and Contraception</li> <li>• Marriage</li> </ul> <p>Cinema – In – Education            Session 1: Love, Honour, Cherish            Session 2: The Gift of Sex            Session 3: The Gift of Self</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Similarities, Differences and Peer Influences</li> <li>• Dealing with Exam Stress</li> <li>• Values and Constructive Disagreement</li> <li>• Diverse and Supportive Communities</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• Local and Central Government – Democracy</li> <li>• What is a Political Party – Democracy</li> <li>• Catholic Social Teaching – The Common Good</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Personal Development and Self-Control: Self-discipline and planning for the future</li> <li>• Knowing My Rights and Responsibilities</li> </ul>
<b>Year 10</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• Temperance</li> <li>• Authentic Freedom</li> <li>• Resilience to Gambling</li> <li>• Emotional Well-Being</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• My Body</li> <li>• What is a healthy lifestyle?</li> <li>• Substance Use and Assessing Risk (PA)</li> <li>• Keeping Safe</li> <li>• Gangs: Managing Risks and Staying Safe – Risks and consequences</li> <li>• Gangs: Managing Risks and Staying Safe</li> </ul>	<p><u>RSE – Ten: Ten Resources</u></p> <ul style="list-style-type: none"> <li>• Life Cycles – Parenthood</li> <li>• Personal Relationships</li> <li>• Conflict Management</li> </ul> <p>Cinema – In – Education            Session 1: Babies            Session 2: Responding to an Unexpected Pregnancy            Session 3: Safe Sex or Save Sex?</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Work experience</li> <li>• Money Management: Understanding Credit and Debt</li> <li>• Planning and Organising Revision</li> <li>• Employment Rights</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• Rule of Law – Hate Crimes</li> <li>• Catholic Social Teaching – Solidarity</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Careers Education: Showcasing Personal Strengths</li> <li>• British Heart Foundation: Classroom RevivR – CPR Training</li> <li>• Enterprise: Designing an App</li> </ul>

	<b>Health and Wellbeing (faith, courage, reconciliation)</b>	<b>Relationships (love and truth)</b>	<b>Living in the Wider World (Justice, hope and peace)</b>
<b>Year 11</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• Temperance</li> <li>• Resilience to Gambling</li> <li>• Self- Worth</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• My Body - Addiction</li> <li>• Emotional Wellbeing – Eating Disorders</li> <li>• Keeping safe – STI’s</li> <li>• Drugs Education: Substance Use and Managing Risk</li> <li>• Drugs Education: Seeking Help and Sources of Support</li> <li>• Anti-Fraud - Social Engineering</li> </ul>	<p><u>RSE – Ten: Ten Resources</u></p> <ul style="list-style-type: none"> <li>• Life-cycles</li> <li>• Personal relationships- Pornography</li> <li>• Coercive control</li> </ul> <p>Cinema – In – Education            Session 1: Truth and Lies            Session 2: Truth or Lies: Part One            Session 3: Truth or Lies: Part Two</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Careers Interviews</li> <li>• Careers Education: Managing online reputation</li> <li>• Financial choices: Managing finances in the world of work</li> <li>• CV writing</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• What are my Consumer Rights</li> <li>• Catholic Social Teaching – Peace</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Financial Literacy and Inclusion Campaign (FLIC) – Understanding Payslips</li> </ul>
<b>Year 12</b>	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• Time is Money: Escape Room (Financial Responsibility)</li> <li>• How will my education and job choices affect my finances?</li> <li>• Thriving in post-16/ Key Stage 5</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• (M) Male cancers- Orchid-Cancer</li> <li>• (F) Vaginal Health: The Truth Undressed</li> <li>• Drugs and Alcohol: Managing influences and risks, and seeking support</li> <li>• Drugs and Alcohol: Exploring the risks and consequences of substance use</li> <li>• Physical fitness and steroid addiction</li> <li>• Money Choices and Mental Health – Online Gambling and Money Mule Schemes</li> </ul>	<p><u>RSE – Ten: Ten Resources</u></p> <ul style="list-style-type: none"> <li>• Consent – Responsibilities and consequences</li> <li>• Consent – Communicating wants and needs</li> <li>• Consent - Unwanted, Inappropriate and Illegal relationship behaviours</li> </ul> <p>Cinema – In – Education            Session 1: Common Room            Session 2: Life in Sixth Form – Part One            Session 3: Life in Sixth Form – Part Two</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• The role of Constructive Criticism</li> <li>• Getting Started in the workplace</li> <li>• Workplace Bullying</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• Being a Responsible Driver (part 1)</li> <li>• Child Labour and Consumer choice (Cost of fast fashion)</li> <li>• Catholic Social Teaching – Option for the Poor</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Transactional Leadership</li> <li>• CPR Training</li> <li>• Business Masterclass</li> </ul>

	Health and Wellbeing (faith, courage, reconciliation)	Relationships (love and truth)	Living in the Wider World (Justice, hope and peace)
Year 13	<p><u>Character development</u></p> <ul style="list-style-type: none"> <li>• My decisions, My Future</li> <li>• Path to Independence: Budget Calculator</li> </ul> <p><u>Physical Safety</u></p> <ul style="list-style-type: none"> <li>• Cancer Awareness</li> <li>• Alcohol and Binge Drinking</li> <li>• How do I plan for the unexpected? (Financial Risk)</li> <li>• 'Something's Not Right' - Abuse disclosure</li> </ul>	<p><u>RSE – Ten: Ten Resources</u></p> <ul style="list-style-type: none"> <li>• Revenge Porn</li> <li>• Thames Valley Police: Tackling Violence Against Women and Girls</li> </ul> <p>Cinema – In – Education</p> <p>Session 1: Bakhita's Prayer</p> <p>Session 2: Understanding Human Trafficking</p> <p>Session 3: Taking Action</p>	<p><u>Professional Development</u></p> <ul style="list-style-type: none"> <li>• Careers – Interview skills</li> <li>• Self-employment</li> <li>• Financial Literacy and Inclusion Campaign (FLIC) – Mortgages, Pensions and ISA's</li> <li>• UCAS and Next Steps</li> </ul> <p><u>British Values and Catholic Social Teaching</u></p> <ul style="list-style-type: none"> <li>• Being a Responsible Driver (part 2)</li> <li>• Catholic Social Teaching – Dignity of Work and Participation</li> <li>• Rule of Law - Anti Social Behaviour</li> </ul> <p><u>Leadership for the 21<sup>st</sup> c.</u></p> <ul style="list-style-type: none"> <li>• Servant Leadership</li> </ul>

