

PUPIL PERSONAL DEVELOPMENT OPPORTUNITIES 2019-2020 *for pupils and parents*

Aspect and <i>purpose</i>	Event or Opportunity	St Mary's Award?	Benefits
Contributing to the Catholic & Wider Life of the School & Community- <i>Growing spiritually and giving of ourselves to help others.</i>	Christmas Food Bank collections, non-uniform fundraising days and Charity Week	YES	Help others, have fun, feel involved
	Participation in Liturgies and Mass and other Chaplaincy activities	YES	Contribute to Catholic Life of school, feel involved, use your talents, challenge yourself
	Lead or support your school house in an event, competition or assembly	YES	Develop leadership qualities, teamwork, resilience,
	Student leadership opportunities, including Form Captain, School Council, Sports Captain and more informal roles	YES	Develop leadership experience
	Feast Day	NO	Develop your spiritual life
	Annual trip to Lourdes	YES	Help others, personal challenge
Extra and Super Curricular- <i>Making the most of the rich variety of opportunities God provides for us give enjoyment and challenge</i>	Music clubs,trip and concerts	YES	Music develops coordination, concentration and resilience as well as helping you work as part of a team
	Drama clubs, trips and performances	YES	Drama develops self- confidence, team work and memory
	New Music for Liturgy (Faith Rocks group)	YES	Influence the music we sing at Mass!
	Dance in liturgy	YES	Be a part of a new Liturgical dance group
	Lead a club	YES	Leadership, share your skills, meet and set an example to younger students. Can contribute towards Silber D of E Award.
	After school sport clubs, fixtures and Interhouse sports	YES	Keep fit, teamwork, resilience, personal challenge
	Science Week	YES	Find out about Science careers, design a poster, try something new during Science Week!
	Wide range of non-sporting Interhouse competitions	YES	Represent your house, earn House Points, face the challenge!
	Rotary Youth speaks, debating club and similar competitions	YES	Personal challenge, public speaking, teamwork
	Other Rotary Competitions	YES	Personal challenge, teamwork
	Bronze and Silver Duke of Edinburgh Award	YES	Physical challenge, teamwork, make new friends, volunteering, skills and hobbies,map reading.
Wide range of other trips and clubs	YES	Learn something new, make new friends, find out about the world outside of school!	
Wellbeing activities <i>Thriving at school and unafraid about the future</i>	Breakfast Clubs on each day, including Crafty Corner in the library	NO	Start the day well!
	Yoga Club	NO	End the day healthily with relaxing yoga
	Wellbeing Officer, Learning Mentor and Mental Health First Aider support	NO	Contact Miss McHugh for more information on what is available
	Examen Meditation in registration	NO	Start the day at peace with yourself, your neighbour and God
	Library reading lessons and other activities	NO	Escape into a good book!
	PSHEE lessons	NO	Relationships and Sex Education helps keep you safe and well and prepare you for adulthood.
	Peer Mentor and Anti-bullying Ambassador roles	YES	Helping others brings its own rewards.

Reading and Vocabulary Builders- <i>Opening doors to a fulfilling future</i>	Year 7 &8 Accelerated Reader scheme, Silent reading in registration Year 7 Lexia	YES	St Mary's awards for 10 Accelerated reader points and per library book review
	Lessons actively help you widen your vocabulary	NO	A wide vocabulary helps you communicate verbally and in writing, helping you do well at school and to be able to speak articulately.
	Reading is a part of every subject	NO	Well -read people are interesting and interested!
	Library events: Book fair, Books and Biscuits, Carnegie Award Shadowing etc.	YES	Be a student librarian, be the first to read new books, take part in library events and make new friends.
	Sixth form buddy scheme	YES	Helping a younger student read will bring its own rewards.
Gifted and Talented provision- <i>Making the most of our God-given gifts</i>	Oxbridge entry support	NO	Oxbridge entrance tests and interviews will develop you enormously regardless of the outcome.
	Extended Project Qualification	YES	Learn research and extended writing skills, whilst strengthening your UCAS statement and interview skills.
	Entrance to academic competitions such as Maths Challenge and Rotary Quiz	YES	Personal challenge, resilience and a good way to measure your skills in a wider context.
	Law competition trip	YES	This event will give a real insight into legal work.
	STEM activities	YES	These events help you to become a practical scientist and a team player.
Careers and PSHEE- <i>Discovering the person God created us to be</i>	Careers information and events for all year groups	YES	Our careers fairs give you the chance to find out about jobs you may never have even heard of.
	Careers newsletters for parents and students	NO	Read the newsletter to find out about what's going on both in and out of school.
	Careers guidance interviews.	NO	If we think you would benefit, you'll be invited for a series of 1 to 1 interviews.
	Work experience for all Year 10 and 12 students	NO	Even if you don't get the placement you want, you'll gain loads from the experience!
	Year 11 Interview practice		This can be quite challenging but it's all good practice.
	6 TH Form Enrichment activities	NO	University and apprenticeship information and trips, volunteering and helping the community.
	PSHEE lessons raise political, social and financial awareness	NO	PSHEE sessions help you understand British values, making you ready for life after school, and safe while you are in school.