

# ST MARY'S SPECIAL AWARD

SPRING 2020

Name \_\_\_\_\_ Form \_\_\_\_\_

Submit by to [c.wilkin@stmarys.net](mailto:c.wilkin@stmarys.net) by Monday 1<sup>st</sup> June at the latest.

ASPECT OF PERSONAL DEVELOPMENT	EXAMPLES	Detail, Date and Parent or carer signature	Detail, Date and Parent or carer signature	Detail, Date and Parent or carer signature
		Complete all this column for BRONZE	Complete 2 columns for SILVER	Complete the whole table for GOLD!
SPIRITUAL LIFE	Listened to the Pope on Easter Sunday, attend Mass remotely, pray with the family			
ACADEMIC EFFORT	1 signature when you have worked to the best of your ability for one whole week			
ENRICHMENT	Watch online National Theatre production, a musical, or complete other cultural enrichment activity.			
READING	Year 7-9: Accelerated Reader tasks, otherwise 1 signature for each book you read.			
CHARITY	Donate to a charity, complete voluntary work etc.			
SERVICE	Cooked family meal, gardening, washed car, helped sibling with schoolwork, wrote to or called a relative who is alone, shopped for a neighbour etc.			
FITNESS	e.g. cycle, long walk, jog etc, eat your 5 a day fruit and veg for a week, Joe Wicks (or similar exercise online) for one week			
COMPETITION	Planner /Mascot design contests, Math-letics /Lexia certificates or enter any competition. See SMHW Notices for ideas or research your own online.			