



Pupil Personal Development

"I have come that you may have life and have it in abundance"
John 10 vs 10
Reading and widening vocabulary
Events Across the Trust

Interhouse competitions
 Dodge ball, Bend ball, Cross country, Football, Netball, Rugby, Hockey, Arts & Crafts, Music, Polish, Candle making, Lego, Formula 1, Chess, Drama, Sports, Indian, Debating, Japanese, Netball Tournament, MFL Films, Football Tournament

Extra curricular clubs
 Book Reviews, Books & Biscuits Club, Free Books for Students, Author Visits, Camogie Book Award, Manga Club, Poetry Recitation, Harry Potter Day, Combined Choir day, Sundry Math

Many Leadership Opportunities for all ages

Times Tables, Public Speaking, Catenians, Columbian Missions Competition, Duke of Edinburgh, Enrichment Activities, UCAS & Apprenticeship Preparation, Problem solving Workshops, Anti-bullying Ambassadors, Peer Mentoring, Mental Health First Aiders

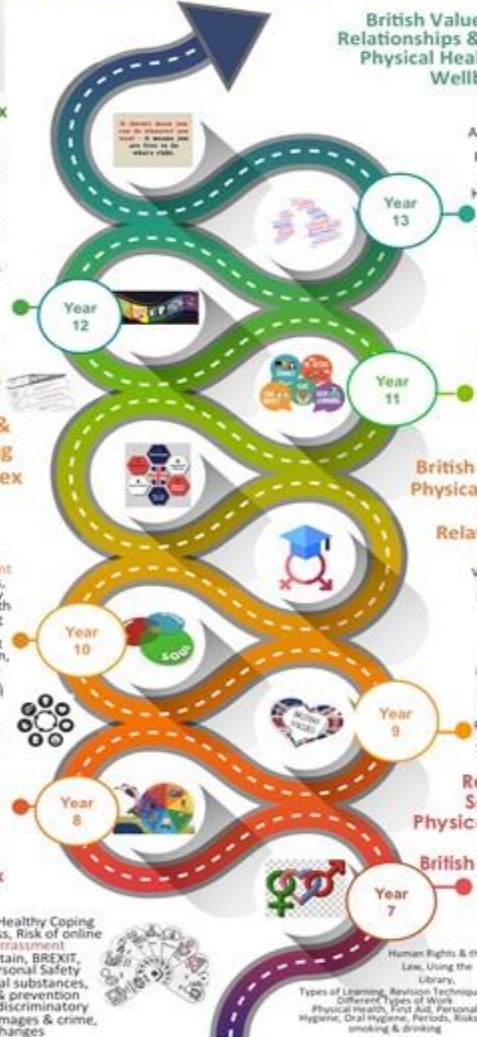


Relationships & Sex Education
Physical Health & Mental Wellbeing
British Values & Careers
 Right to say no, Challenging Bigotry, Sexism, Mindfulness, Sexting, Nutrition, Healthy Lifestyles, First Aid, Texting & Driving, Financial Awareness & Services, Politics, Gender, Double Standards, Institutional Racism, Coercion, Consent, Personal Safety

Relationships & Sex Education
Physical Health & Mental Wellbeing
Relationships & Sex Education
 Committed Relationships, Teenage Pregnancy, Bereavement, Equal Relationships, Respect for all faiths, peer on peer harassment, Common Mental Health Issues, Body Image & the Media, How exercise promotes mental health positivity, influences on Eating Habits, Laws of Work, Work Experience, Health & Safety at Work, Employability, Extremism, Radicalisation, Homelessness, Fake News & Critical Thinking, Consent, How Drugs & Alcohol Affect Behaviour, Physical Health & Mental Wellbeing, Consequences of drugs, Maintaining your own Health

Physical Health & Mental Wellbeing
British Values & Careers
Relationships & Sex Education
 Mental & Emotional Health, Healthy Coping Strategies, Bereavement & Loss, Risk of online gaming, peer on peer harassment, Cultural Expectations in Britain, BREXIT, Aspirations, Enterprise, Personal Safety, Balanced Diets, Legal & illegal substances, substance misuse, cancer & prevention, Positive peer relationships, discriminatory language, tolerance, explicit images & crime, FOMO, relationship changes

Physical Health & Mental Wellbeing
British Values & Careers
Relationships & Sex Education
 Catholic Life of the School, Prayer writing Competition, Easter Card Competition, Carol Service, Lenten Liturgies, Inspirational Speakers, Form Mass, Examen, Daily Prayer



British Values & Careers
Relationships & Sex Education
Physical Health & Mental Wellbeing
 Oxbridge preparation, A Level preparation, THE DUKE OF EDINBURGH'S AWARD, Mock Interviews, Exam preparation

Physical Health & Mental Wellbeing
British Values & Careers
Relationships & Sex Education
 Violent Crime & Gangs, Options, Employability, Social & Moral use of Money, Relationships & Sex Education, Peer on peer harassment, Importance of Marriage, Challenging Stereotypes, Racism, Online Privacy, Consent, Different levels of intimacy & their consequences, Eating Disorders, Self-Harm, Unhealthy relationships, Self-Discipline, Risks of Gambling, Young people & the Media, Risks of both Dieting & Obesity, Drugs & the Law, Addiction, Safe to use Prescription Drugs, Importance of Sleep

British Values & Careers
Physical Health & Mental Wellbeing
Relationships & Sex Education
 Types of Relationship, Families, Friendships, Diversity, Safe use of data & images, Peer pressure, Peer Well being, Confidence, Positive Body Image, Self-Esteem, Internet Safety, Positive links between physical activity & mental health choices, Challenging Discrimination

Relationships & Sex Education
Physical Health & Mental Wellbeing
British Values & Careers
 Team Building Activities, New Languages & Sports, Music Recitals, Shakespeare Workshop

Physical Health & Mental Wellbeing
British Values & Careers
Relationships & Sex Education
 Human Rights & the Law, Using the Library, Types of Learning, Revision Techniques, Different Types of Work, Physical means, First Aid, Personal Hygiene, Oral Hygiene, Periods, Risks of smoking & drinking

"but the seed that fell on good soil produced a crop, a hundred, sixty or thirty times that which was sown"
Matthew 13 vs 8
Charity Week
Cultural Capital Days Feast Day
Science Week
Careers Week

Holocaust Memorial Day Trip, Multicultural Fashion Shows, Black History Month