

Counselling Provision

Physical: YCT Counselling and L Carroll Mentor  
Emotional: School Mentors / Mental Health Lead and MHFA / Drawing and Talking Therapy  
Spiritual: School Chaplain  
Leadership Group  
Heads of Year  
Form Tutor  
Peer Support Groups

Health & Safety Committee meetings and sharing good practice in all areas.

Communication System

Including Bulletin, Weekly Student bulletin, Staff Support Meetings, directed time meetings for teachers, Senior LSAs, school councils. Whole school briefing. Pastoral briefing and subject briefing.

Staff Well-being Policy

Includes membership of external agency for physical and mental wellbeing support; staff voice and regular implementation of events for staff morale; workload review; professional support and development and reviews of practical site matters to aid workload.  
Catholic Programme of Development

Spiritual Provision

Liturgical Calendar  
Assembly Monitoring  
Map of opportunities for spiritual development of staff

PSHEE Curriculum

Includes Citizenship, Drugs Education, Personal Relationships Education, personal safety, Emotional health. Mental health, Social Media



St Mary's Catholic School  
Healthy School Strategy

Catering Development Plan  
Food policy

School Policies

Attendance policy  
Use of Substances  
Bullying Policy  
School rules  
Rewards and Consequences Policy  
Food Policy

RE Curriculum

Includes Human Dignity, Rights and Responsibilities, Relationships and Families, Sex and Sexuality Education, Prayer, Social Justice, Spiritual and Moral

Food Technology Curriculum

Nutrition, maintaining a healthy diet, hygiene and safety.

PE Curriculum

Provides an opportunity to develop physically, mentally, socially and creatively.

**Review**

Governor Committee: School Education Committee

Date of review: June 2024

Next Review Date: June 2025