

Counselling Provision

Physical: School Counselling Service and L Carroll Mentor
Emotional: School Mentors / Mental Health Lead and MHFA / Drawing and Talking Therapy
School Chaplaincy team
Leadership Group
Heads of Year
Form Tutor
Peer Support Groups

Health & Safety Committee meetings and sharing good practice in all areas.

Communication System

Including Bulletin, Briefing, Support Staff Meetings, Directed time meetings for teachers, Senior LSAs, school councils and committees.

Staff Well-being Policy

Includes membership of external agency for physical and mental wellbeing support; staff voice and regular implementation of events for staff morale; workload review; professional support and development and reviews of practical site matters to aid workload and workflow.

Spiritual Provision

Liturgical Calendar
Assembly Monitoring
Map of opportunities for spiritual development of staff

PSHEE Curriculum

Includes Citizenship, Drugs Education, Personal Relationships Education, personal safety, Emotional health. Mental health, Social Media



St Mary's Catholic School Healthy School Strategy

Catering Development Plan
Food policy

School Policies

Attendance policy
Use of Substances
Anti -Bullying Policy
School rules
Rewards and Consequences Policy
Food Policy

RE Curriculum

Includes Human Dignity, Rights and Responsibilities, Relationships and Families, Sex and Sexuality Education, Prayer, Social Justice, Spiritual and Moral

Food Technology Curriculum

Nutrition, maintaining a healthy diet, hygiene and safety.

PE Curriculum

Provides an opportunity to develop physically, mentally, socially and creatively.

Review

Governor Committee: School Education Committee
Date of review: April 2026
Next Review Date: April 2027