



## **B7 PSHEE**

### **Personal, Social, Health and Economic (PSHE) education**

#### **Rationale**

Many issues need to be addressed which are not a part of the timetabled Curriculum. Tutorial time provides an opportunity for these issues to be developed by the form tutors. However, many tutors often feel that they require additional dedicated time to explore these topics in much more depth. This policy seeks to utilise the knowledge held by the tutors; of their tutees and of the world in which our young people operate into deliver such a programme of personal, social health and economic education, which promotes the personal and social development of all pupils within the spiritual and moral context of a Roman Catholic school and delivers the British Values and PREVENT agenda in addition to topical issues.

#### **Aims**

1. To promote the personal development of each individual pupil and increase self esteem and self awareness;
2. To promote the social development of all pupils so that they realise they are members of a community with both rights and responsibilities;
3. To fully integrate the PSHEE programme into the existing programme of spiritual, moral and religious education in keeping with the distinctive Catholic nature and ethos of the School;
4. To integrate the programme with existing Health Education programmes in Science;
5. To provide a relevant and meaningful programme for tutorial time which addresses issues not covered in subject curriculum programmes of study;
6. To provide a programme which offers continuity and progression;
7. To provide a forum for the coherent development of cross-curricular and study skills;
8. To promote the acquisition of certain attitudes and skills necessary for life and further study;
9. To provide an opportunity to deliver the cross-curricular themes;
10. To utilise the specialist skills of existing staff to support the form tutors, in the delivery of such a programme.
11. To include elements of Citizenship, British Values, PREVENT and E Safety into the programme.

#### **Guidelines**

1. The programme will be delivered through a hybrid model of a timetabled lesson once a fortnight, and educational "collapsed timetable" days. This allows all subject matter to be delivered by internal and external experts where appropriate.
2. The programme will be co-ordinated by a named co-ordinator, working in collaboration with the Head of Religious Education, the School Chaplaincy team, PREVENT officer, ESafety Coordinator and members of the SLT;
3. The programme will be divided into six strands
  - a) Education in Personal and Social Relationships
  - b) Citizenship and British Values, including moral, economic, environmental and political awareness.
  - c) Health and Sex Education
  - d) Careers Education, including making choices
  - e) Information Technology and E Safety
  - f) Study Skills.



The programme will be organised to ensure that there will be continuity and progression across the year groups in each strand;

4. The programme will also be published as an integral unit for each year;
5. The PSHEE Coordinator will be responsible for the organisation, planning and evaluation of the delivery of the programme. The Heads of Year will support the effective delivery of the programme in their year.

### **Conclusion**

This policy provides a framework which will promote the personal and social development of our pupils in keeping with our Christian principles. It provides for a structured, yet flexible use of lesson time which combines the use of subject expertise together with the individual pupil knowledge of the year team.

### **Review**

**Governor Committee: School Education Committee**

**Date of review: June 2024**

**Next Review Date: June 2025**