

# PE is your goal



**KS3: Athletics & Cricket (boys) or Rounders (girls)**

**KS4: Athletics, Tennis, Rounders or Softball**

**Yr7 & 8: Gymnastics & Football (boys) or Netball (girls)**

**Yr9: Trampolining & Football (boys) or Netball (girls)**

**KS4 Girls: Netball & Fitness**

**KS4 Boys: Basketball & Dodgeball**

**All Years: Cross-country and Rugby (boys) or Hockey (Girls)**



Half term 6

**KS3: Tennis, Athletics, Badminton or Rounders**

**KS4: Softball, Tennis or Cricket**



Half term 5

**Yr7 & 8: Outdoor and adventurous activities & Football (boys) or Netball (girls)**

**Yr9 + KS4 : Badminton & Handball (girls) or Football (boys)**



Half term 4



Figure 2: Sample of the PE Curriculum

**KS3: Fitness & Basketball (boys) or Rugby (girls)**

**KS4: Fitness & Football (boys) or Trampolining (girls)**



Half term 3

Half term 2

**Yr7 Baseline testing**

**Baseline assessments completed in Cross-country and Football (boys) or Netball (girls)**

