



ST MARY'S  
CATHOLIC SCHOOL

## PSHEE

### Personal, Social, Health and Economic (PSHE) education

#### Rationale

Many issues need to be addressed which are not a part of the timetabled Curriculum. Tutorial time provides an opportunity for these issues to be developed by the form tutors. However, many tutors often feel that they lack the skills necessary to deliver such issues. This policy seeks to utilise the existing skills of specialist teachers who are not tutors, combined with the personal knowledge of the form tutor to deliver such a programme of personal, social and health education, which promotes the personal and social development of all pupils within the spiritual and moral context of a Roman Catholic school and delivers the British Values and PREVENT agenda in addition to topical issues.

#### Aims

1. To promote the personal development of each individual pupil and increase self esteem and self awareness;
2. To promote the social development of all pupils so that they realise they are members of a community with both rights and responsibilities;
3. To fully integrate the PSHEE programme into the existing programme of spiritual, moral and religious education in keeping with the distinctive Catholic nature and ethos of the School;
4. To integrate the programme with existing Health Education programmes in Science;
5. To provide a relevant and meaningful programme for tutorial time which addresses issues not covered in subject curriculum programmes of study;
6. To provide a programme which offers continuity and progression;
7. To provide a forum for the coherent development of cross-curricular and study skills;
8. To promote the acquisition of certain attitudes and skills necessary for life and further study;
9. To provide an opportunity to deliver the cross-curricular themes;
10. To utilise the specialist skills of existing staff to support the form tutors, in the delivery of such a programme.
11. To include elements of Citizenship, British Values, PREVENT and E Safety into the programme.

#### Guidelines

1. The programme will be delivered in a rolling tutorial period of 25 one-hour sessions at specified times, differing from week to week.
2. The programme will be co-ordinated by a named co-ordinator, working in collaboration with the Head of Religious Education, the School Chaplaincy team, PREVENT officer, ESafety Coordinator and members of the SLT(Ethos);
3. The programme will be divided into six strands
  - a) Education in Personal and Social Relationships
  - b) Citizenship and British Values, including moral, economic, environmental and political awareness.
  - c) Health and Sex Education
  - d) Careers Education, including making choices
  - e) Information Technology and E Safety
  - f) Study Skills.



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The programme will be organised to ensure that there will be continuity and progression across the year groups in each strand;

4. The programme will also be published as an integral unit for each year;
5. The PSHEE Coordinator will be responsible for the organisation and planning of the programme. The Learning Coordinator will be jointly responsible for the delivery of the programme in their year.

### **Conclusion**

This policy provides a framework which will promote the personal and social development of our pupils in keeping with our Christian principles. It provides for a structured, yet flexible use of tutorial time which combines use of subject expertise together with the individual pupil knowledge of the year team.

### **Review**

Governor Committee: School Improvement Committee

Date of review: January 2021

Next Review Date: January 2022